

Sevier Park Regional Community Center

Club Room
Dance Studio
Gymnasium
(\$) – Paid Class

Winter 2022/ Spring 2023
Activity Schedule

Facility Coordinator
Randy Crawley, Jr.

Program Coordinator
Tia Mason

Recreation Leaders

Andy Bobadilla
Tracye Davis
Aaron Donaldson-
Stevens
Leslie Martinez-Garcia
Ida Hood
Michael Martin
James McCrady
Kiana Rafiei

Recreation Facility

Attendants
Jim Walkden

Recreation Office
Support Representative
Christian Green

Sevier Park Community
Center



3021 Lealand Lane,
Nashville, TN 37204 –
615-862-8466

Monday

8:30am-9:30pm
Walk It Out
w/ Mr. Tony
(Walking Club)

9:00am-12:00pm
Adult Open Gym
Badminton

11:00am-12:15pm
(\$5) Beginner African Dance
w/ Ms. Windship

3:00-6:00pm
After-School Program
(Registration Required)

6:00-7:30pm
English Country Dancing

6:15pm-8:00pm
Adult Basketball
(Ages 18+)
[Full Court Rotating 5 vs. 5]

Memberships & Fees:

Daily Pass
(Fitness Center)
Adult \$3.00
Teens/Senior/Military
\$1.50

10 Visit Pass
(Fitness Center)
Adult \$20.00
Teens/Senior/Military
\$10.00

Monthly Pass
(Fitness Center)
Adult \$30.00
Teens/Senior/Military
\$20.00
"Senior" = 62yrs and up
"Teens" = 13yrs-17yrs

Tuesday

6:00am-8:00am
Adult Open Gym
Basketball
(Ages 18+)

9am-10:30am
Adult Ballet
\$(pricing varies)

9:30am-10:30am
(\$4) Lo-Impact Strength w/
Tristan

10:45am-11:45am
Tot Time
w/ Mr. Andy

11:30am-12:30pm
(\$4) Tai Chi
w/ Jen-Jen

3:00-6:00pm
After-School Program
(Registration Required)

4:30pm-5:30pm
(\$104) Basic Ballet for
Teens
[Jan. 10- Apr. 11th]
(Ages 12-18yrs)

5:30pm-6:30pm
(\$4)
Strength and Stretch
Dance Fit w/Asia

6:15pm-8:00pm
Adult Pickleball

Wednesday

9:00am-12:00pm
Adult Open Gym
Badminton

9:00am-10:00am
Witty Knitty
Knitters Club
w/ Ms. Kiana
(Supplies Required)

10:00am-11:00am
(\$4) Tai Chi
w/ Jen-Jen

1:30pm-2:30pm
(\$4) Active Aging Pilates
w/ Kari

3:00-6:00pm
After-School Program
(Registration Required)

6:30pm-8:00pm
Family & Adult
Indoor Futsal
***Ages 14 and under**
MUST be accompanied
by adult*

Fitness Center
&
Indoor Track Hours

Monday- Thursday
6:00am-8:00pm

Friday
6:00am-7:00pm

Saturday
8:00am-11:45am

Thursday

6:00am-8:00am
Adult Open Gym
Basketball
(Ages 18+)

9am-10:30am
Adult Ballet
\$(pricing varies)

9:00am-11:00am
(\$5) Tot Jam and Play
w/ Ms. Risa
(9-10am & 10-11am Sessions)

9:30am-10:30am
(\$4) Lo-Impact Strength
w/Tristan

3:00-6:00pm
After-School Program
(Registration Required)

4:15pm-5:00pm
(\$104) Creative Ballet
(Age 5yrs)
[Jan. 12th -Apr. 13th]

5:00pm-6:00pm
(\$104) Pre-Ballet
[Jan. 12th- Apr. 13th]
(Ages 6-7yrs)

5:30pm-6:30pm
Junior Grizzlies Basketball
(Closed Practice)

6:45pm-8:00pm
Adult Badminton

IMPORTANT
NOTICE

***Schedule subject to change**
during Metro Nashville
School breaks to
accommodate students*

Friday

6:00am-8:00am
Adult Open Gym
Basketball
(Ages 18+)

9:00am-12:00pm
Adult Open Gym
Pickleball
(Ages 18+)

9:30am-10:15am
(\$64) Rainbow Dance
[Jan. 13th - Mar. 3rd]
(Ages 1- 1/1/2yrs)

3:00-6:00pm
After-School Program
(Registration Required)

4:15pm-5:15pm
(\$104) Theater Jazz: Beginning
[Jan. 13th -Apr. 14th]

5:15pm-6:15pm
(\$104) Theater Jazz:
Intermediate
[Jan. 13th -Apr. 14th]

5:00pm-7:00pm
Teen & Family Open Gym
(Ages 17 & under)
***Ages 14 & Under MUST be**
accompanied by adult*



Saturday

8:00am-9:30am
Adult Open Gym

8:00am-11:30am
Game Room
***Ages 14 & Under MUST be**
accompanied by adult

9:45am-10:45am
(\$4) Lo-Impact Strength
w/ Chaturah

9:30am-11:00am
(\$60) Shodo Club w/Kumi
(Beginner Session)
Japanese Calligraphy Class
(Bi-weekly)
[Jan. 28th- April 8th]
(Registration Required)

10:00am-11:30am
(\$60) Shodo Club w/Kumi
(Intermediate Session)
Japanese Calligraphy Class
(Bi-weekly)
[Jan. 28th-Apr. 8th]
(Registration required)

10:15am- 11:00am
(\$112) Creative Movement
(Ages 3yrs)
[Jan. 14th- Apr. 15th]

11:00am-11:45am
(\$112) Creative Movement
(Ages 4yrs)
[Jan. 14th- Apr. 15th]



Follow us on Instagram
@ Sevier Park Community
Center!

Sevier Park Regional Community Center

Strength and Stretch Dance Fitness:

Come join Asia Pyron in her fitness classes involving full body strengthening and stretch exercises. This hour-long class will get you sweaty and strong as Asia guides you through basic yet challenging movement. Release your inner beast and come move with Asia!

The Mission of the Metropolitan Board of Parks and Recreation - To provide every citizen of Nashville and Davison County with an equal opportunity for safe recreational and cultural activities within a network of parks and greenways that preserves and protects the region's natural resources.

*****Metro Parks does not discriminate on basis of age, race, sex, color, national origin, religion or disability in admission to, access to or operations of its programs, services, or activities.**

The Metro Board of Parks and Recreation does not discriminate on the basis of age, race, sex, color, national origin, or disability in admission, access to, or operation of its programs, services, or activities. For TTY (relay service), please call 1-800-849-0299. For questions, concerns, or requests regarding the American Disabilities Act call 615-862-8400.

This schedule is subject to change.

**For more information, contact Program Coordinator: Tia Mason.
Tia.Mason@Nashville.gov or 615-862-8466.**